

The Catholic Church In Seaford, Newhaven & Peacehaven | Sunday 25th Jan 2026



Welcome to our church on the 3rd **Sunday of Ordinary Time** and a particular welcome to everyone this weekend as we hold our **Volunteer Sign Up** after Mass. If you've ever wondered whether there's a small way you could help our parish flourish, this weekend is a good moment to take that next step.

Lent is approaching. Lent will be here before we know it, with **Ash Wednesday on 18th February**.

If you have any palms from last year's Palm Sunday, pass them on to Deacon Stephen, Claire or Lyndsey so they can be made into ashes for this year's Ash Wednesday.

A Time to Reflect: "At the Hour of Our Death" You are warmly invited to a gentle, reflective round-table session on **Saturday 7th February at 10.00am** in the hall at St Thomas More. There will be prayer, a short input, and time to listen and share about death, dying, and supporting those we love. We'll draw on St John Henry Newman's *The Dream of Gerontius* (set to music by Elgar). Tea, coffee, and cake will be available. No preparation needed, just come as you are.

Family of Faith continues with its next meet up on **8th February**. Please put the date in your diary. These are such great days for our young families, a chance to gather, share, pray and play. If you would

like to come along, please contact Mary Ann for more information. maryann.enriquez@abdiocese.org.uk

Parent and Toddler Groups: Come along to our Parent and Toddler Group now in Peacehaven **and** Seaford. A warm welcome for parents and carers alike. A relaxed space for little ones to explore and grown-ups to chat.

Seaford: Wednesdays, 9.30am-11.30am
Peacehaven: Fridays, 9.30am-11.30am

Lourdes 2026 There is a **second collection** on the **7th/8th February** to support assisted pilgrims who are frail, elderly, disabled, or sick, and also to support young people to make the journey and have an opportunity to explore their faith. Please give generously.

Requiescat in pace: Please pray for Jean Paul Garner and Bert Cutts who have died recently. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace.

Dates for your diary

- 27th January, Circle of friends 2pm, St Thomas More Hall. Speaker from Stella Maris.
- 7th Feb, Quiz with Fish and Chips, Peacehaven £12 per ticket.
- 12th Feb, Thursday Club, Peacehaven 2pm -4pm

Leave Your Nets and Follow Me | “At once they left their nets and followed him.” (Matthew 4:20)

In this Sunday’s Gospel, Jesus walks along the shore and calls ordinary people who are busy with ordinary work. “Follow me,” he says. And we hear those striking words: *they left their nets and followed him.*

There is something simple and wholehearted about that response. They don’t need perfect conditions or complete certainty. They respond to a call that comes right in the middle of everyday life.

That call is not locked in the past. It is spoken to us now, here, in our parish.

Following Jesus today often looks very practical. It means **choosing to be involved, choosing to help, choosing to give a little time** so that something bigger can flourish. A parish does not run on its own. It grows because people say yes, again and again, in ways that fit their lives.

With two churches to care for, a wide range of ages to serve, and many activities taking place, we rely on **many helping hands**. From the young to the not so young, from those who can give time regularly to those who can help occasionally, there really is a place for everyone.

Volunteering is not about doing everything. It is about doing something.

That might mean helping with children and families through Family of Faith or sacramental preparation. It might be welcoming at Mass, making tea, setting up rooms, helping with music, reading, flowers, cleaning, admin, outreach, maintenance, or simply being a friendly face who notices others. Small acts, offered faithfully, make a real difference.

Many of you already know this because you have been doing it for years. To you, we want to say a **heartfelt thank you**. Your generosity, often unseen, has helped sustain parish life through good times and difficult ones. We are deeply grateful.

To those who are newer, or who have been quietly wondering if there might be a way to get involved, this is a **gentle invitation**. You do not need to have all the answers. You do not need to be an expert. You just need to be willing.

After all Masses this weekend, there will be an opportunity to sign up to volunteer. Claire and Mary Ann will be at the back of church to gather details, answer questions, or offer a QR code

so you can register easily online. Signing up is not a commitment to do everything. It is simply the start of a conversation about how your gifts, time, and interests might be shared.

It really does take a community to run a parish. And when many people offer a little, the whole community is strengthened.

Thank you in advance to everyone who will take that step. And thank you again to all who already give so generously. Together, by leaving a few nets behind, we help make our parish a place where faith is lived, shared, and handed on.

If you really do have to rush off after Mass this weekend and don't have time to sign up as a volunteer, you can scan the QR code below to register your interest online.



SCAN ME



Liturgy Schedule for the coming week:

Holy Mass | Confession is available 30 minutes before Holy Mass

3rd Sunday in Ordinary Time (The Word of God) – pg.698 in the new CTS missal

- Sat 24th January, 6pm, Peacehaven, *Int: People of the Parish*
- Sun 25th January, 11am, Seaford, *Int: Ronald Hemmings RIP*

Midweek:

- Wed 28th January, 10am, Peacehaven, *Int: Ronald Warran RIP*
- Thurs 29th January, 10am, Seaford, *Int: Jack & Margaret Gibson RIP*

4th Sunday in Ordinary Time – pg.702 in the new CTS missal

- Sat 31st January, 6pm, Seaford, *Int: Clarice & Ron Ellis RIP*
- Sun 1st February, 11am, Peacehaven, *Int: People of the Parish*

Morning Prayer:

- Seaford | Mon – Fri 8.30am, Sat & Sun 9am. Peacehaven | Tues 9am.

Evening Prayer:

- Seaford | Mon – Fri 6:30pm. Peacehaven | Mon 6.30pm, Tue & Wed 6pm

Adoration: Seaford | Tue 10am (Vocation to Marriage and Family Life)

- Peacehaven | Mon 6pm (Vocations), Thurs 6pm (Pastoral Plan), Fri 10am

Rosary:

- Seaford | Sat 9.15am, Thurs 9.30am
- Peacehaven | Wed 9.30am, Fri 9.30am

Benediction: Seaford | Sunday 6pm

Mass Intention envelopes are in the porch

Last week's offertory | Peacehaven £442.03, Pax Christi £99.75 Seaford £229.93 Pax Christi £55.02 **2nd Collection next week: Racial Justice Sunday**

A Prayer | In Thanksgiving

Loving Father, we thank you for all who have helped our parish to flourish in recent years. For those who have given their time, energy, skills, and care, often quietly and without recognition, we give you praise. We thank you for their generosity, faithfulness, and willingness to serve, through which our communities have been strengthened and hope has grown. Bless all who have volunteered, supported, and encouraged others. Renew their hearts with joy, sustain them in their service, and help us all to continue building a parish rooted in faith, love, and welcome.

Through Christ our Lord. Amen.

Safeguarding Reps: Julie O'Sullivan, 07735955821. Lyndsey Gravenor, 07483201055

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