

The Catholic Church In Seaford, Newhaven & Peacehaven | Sunday 1st February 2026



Welcome to our church on the **Fourth Sunday of Ordinary Time**. We are especially glad to welcome you this weekend as, again, we invite parishioners to take part in our Volunteer Sign-Up following Mass. If you've ever felt a nudge to get involved or wondered how your time and talents might help our parish grow, this is a wonderful opportunity to take that next step and join in.

Lent is just around the corner, with Ash Wednesday arriving on **18th February**. If you have palms from last year's Palm Sunday, we invite you to pass them on to Deacon Stephen, Claire, or Lyndsey, so they can be prepared and made into ashes for this year's Ash Wednesday

Family of Faith will gather again on 8th February, please save the date! These special days are a wonderful opportunity for our young families to come together to share, pray and play in a relaxed and welcoming atmosphere. If you would like to join us, please contact Mary Ann for more information.

maryann.enriquez@abdiocese.org.uk

You're warmly invited to join us for **Shrove Tuesday** pancakes following

Evening Prayer (10mins at 6.30pm) on **Tuesday 17th February** at St Thomas More Church. Come along for a relaxed and joyful evening of pancake making and good company, just bring your own favourite toppings to share!

Come and celebrate St Patrick's Day with us from **7.00pm** on Tuesday 17th March, for an evening of faith, food, and good cheer. We'll begin with **Mass**, followed by **Irish stew and Guinness** and plenty of time to enjoy one another's company. Feel free to **bring your own drink** and join in the celebration!

Traditional Irish Blessing:

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
the rains fall soft upon your fields and until we meet again,
May God hold you in the palm of His hand.

Dates for your diary

- 10am, 7th Feb, Seaford At the Hour of Our Death, reflective morning.
- 7th Feb, Quiz with Fish and Chips, Peacehaven £12 per ticket.
- 12th Feb, Thursday Club, Peacehaven 2pm -4pm

Stella Maris | supporting seafarers, fishers, and their families in the UK and around the world.

Stella Maris is an international maritime charity that supports seafarers and fishers around the world, offering practical help, pastoral care, and a compassionate presence to those who often work far from home in challenging and isolated conditions.

Seafarers often have to work away from their families and local communities for nine to twelve months at a time. Across the world, Stella Maris aims to provide a ‘friend in every port’ and stand alongside seafarers and fishers to ensure their rights are upheld. For 100 years they have been extending the hand of friendship and welcoming seafarers and fishers to our shores.

Their network of chaplains and volunteers makes more than 70,000 ship visits each year and supports hundreds of thousands of seafarers and fishermen in times of need.

Life at sea can be difficult. Seafarers and fishers can suffer from loneliness, depression, spiritual deprivation, and even exploitation. Our chaplains and volunteers visit hundreds of thousands of seafarers and fishers every year. They listen and chat, they arrange Mass onboard ships, they offer practical help in a crisis and bring free Wi-Fi onboard so seafarers can call home. Often, these simplest practical kindnesses make the greatest difference.

On Tuesday we were privileged to hear from one of Stella Maris’ chaplains, **Deacon John Fogarty**, who spoke about the vital work of the charity and what it means to accompany seafarers in their daily lives. Alongside this, he shared his own personal life story, offering a moving and honest insight into his journey, his vocation, and the experiences that led him to serve others through Stella Maris.

The Mass of Thanksgiving for Bishop Richard at Arundel Cathedral was a joyful and deeply moving occasion for our diocesan family. People travelled from every corner of the diocese to gather in prayer and gratitude, filling the cathedral with warmth and affection for his ministry. The celebration was beautifully enhanced by uplifting music, and it was heartening to see clergy present in a strong sign of unity and support. It was truly a moment of grace — a fitting tribute to Bishop Richard and a reminder of the strength and spirit of our diocesan community

A pilgrimage for the people of the sea

The Stella Maris Charity is delighted to invite sick, retired and active seafarers, fishers and their families for the UK to join them on the inaugural Stella Maris Lourdes Pilgrimage. Set in the beautiful sanctuary of Our Lady of Lourdes, this journey will offer space for prayer, reflection and the renewal of faith.

What to expect

Each day begins with Mass and prayer in the heart of Lourdes — at the Grotto, in the basilicas and chapels. You will join the wider Archdiocese of Birmingham pilgrimage programme including candlelit processions, blessing of the sick and the International Mass.

Alongside that, Stella Maris will offer its own devotional rhythm: water gestures, a Mass of Anointing, Stations of the Cross, catechesis and reflection. Later afternoons bring personal time for quiet, or community moments like the Blessed Sacrament Procession. Every evening, we gather in fellowship and prayer.

Practical details

- Dates: 25–30 May 2026
- Eligibility: UK/EU nationals living in UK/EU; seafarers/fishers (current or retired) and their families; able to walk short distances unaided
- Cost: Fully covered for participants and carers.
Travel to and from Birmingham Airport included.

How to apply

If you know someone who would like to attend this pilgrimage, please contact:

Rev. John Fogarty (Pilgrimage Director)

Email: john.fogarty@stellamarismail.org

Phone: 07986 723015



Volunteer Sign-Up week: A big thank you to everyone who has already completed our volunteer questionnaire! If you haven't had the chance yet, there's still time to get involved. **Mary Ann and Claire** will be available after Mass to assist anyone who would like a

hand filling it out.

Volunteering is a wonderful way to share your gifts and help our parish community flourish. Whether it's a small role or something bigger, your time and talents make a real difference — and we'd love for you to be part of it.

Liturgy Schedule for the coming week:

Holy Mass | Confession is available 30 minutes before Holy Mass

4th Sunday in Ordinary Time – pg. 702 in the new CTS missal

- Sat 31st January, 6pm, Seaford, *Int: Clarice & Ron Ellis RIP*
- Sun 1st February, 11am, Peacehaven, *Int: People of the Parish*

Midweek:

- Wed 4th February, 10am, Peacehaven, *Int Robert William RIP*
- Thurs 5th February, 10am, Seaford, *Int: James O'Brien RIP*

5th Sunday in Ordinary Time – pg. 706 in the new CTS missal

- Sat 7th February, 6pm Peacehaven, *Int: Lydia Waugh RIP*
- Sun 8th February, 11am Seaford, *int: People of the Parish*

Morning Prayer:

- Seaford | Mon – Fri 8.30am, Sat & Sun 9am. Peacehaven | Tues 9am.

Evening Prayer:

- Seaford | Mon – Fri 6:30pm. Peacehaven | Mon 6.30pm, Tue & Wed 6pm

Adoration: Seaford | Tue 10am (Vocation to Marriage and Family Life)

- Peacehaven | Mon 6pm (Vocations), Thurs 6pm (Pastoral Plan), Fri 10am

Rosary:

- Seaford | Sat 9.15am, Thurs 9.30am
- Peacehaven | Wed 9.30am, Fri 9.30am

Benediction: Seaford | Sunday 6pm

Mass Intention envelopes are in the porch

Last week's offertory | Peacehaven £ 194 Seaford £350.51

2nd Collection This week: Racial Justice Sunday

A Prayer | for all those who work at sea.

Mary, Star of the Sea, light of every ocean, guide seafarers across all dark and stormy seas that they may reach the haven of peace and light prepared in Him who calmed the sea. As we set forth upon the oceans of the world and cross the deserts of our time, show us, O Mary, the fruit of your womb, for without your Son we are lost.

Pray that we will never fail on life's journey, that in heart and mind, work and deed, in days of turmoil and in days of calm, we will always look to Christ and say, "Who is this that even wind and sea obey him?"

Our Lady of Peace, pray for us! Bright Star of the Sea, guide us!

Our Lady, Star of the Sea, pray for seafarers, pray for us.

Safeguarding Reps: Julie O'Sullivan, 07735955821. Lyndsey Gravenor, 07483201055

Facebook: @catholicfaith.one. **Instagram:** catholic_faith.one. **Web:** catholicfaith.one

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