

The Catholic Church in Seaford, Newhaven & Peacehaven | Sunday 15th March 2026



Welcome to Our Parish. It is the Fourth Sunday of Lent. Today the Church pauses in the middle of our Lenten journey to celebrate Laetare Sunday, a day whose name means Rejoice. During this penitential season, the Church reminds us that our destination is joy.

In the UK, we also mark Mothering Sunday, giving thanks for our mothers, for the love that first shaped our lives.

At the heart of both celebrations is a simple truth: the love we see in our families, friendships and, above all, in Christ, whose self-giving love leads us towards the joy of Easter. Agápē, Philia, Eros, Storgē...look them up!

Lent '26. Our Lenten programme is going very well this year. Thank you to everyone who has been taking part in the Lent Course, the Stations of the Cross, and the Rosary before Mass. Your prayerful support and participation are helping to make this a meaningful and grace-filled journey for our whole parish community.

Weekend Mass Questionnaire. You may have received a digital questionnaire this week about our current weekend Mass pattern in the parish. If so, please take a few

moments to complete it. Your feedback will help us understand how the current arrangements are working and will help future pastoral decisions.

There are also printed copies available at the back of the church. Thank you for helping us reflect together on the life of our parish community.

Closing Date: 26th March

Church open for private prayer.

During Lent the church in Peacehaven is open for periods of quiet prayer and personal devotion. Do take advantage of this opportunity to spend some time with the Lord during this holy season. Thank you to those who kindly open and close the church each day, making this possible for the parish community.

St Patrick's Day Celebration SOLD OUT

St Patrick's Day is on 17th March...for those coming...expect a little extra green, a bit of Irish cheer, and perhaps even a saintly excuse for a glass of something afterwards. 🍀

Tax year 2026/27 Seaford Gift Aid envelopes are ready to collect at the back of the porch for those who donate using the envelopes. Thank you for your continuous support and generosity.

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Liturgy Schedule for the coming week:

Holy Mass this week:

Fourth (Laetare) Sunday in Lent -pg.171 in the CTS new Sunday Missal

- Sat 14th March 6pm, Seaford, *Int: Patrick Hodgkins RIP*
- Sun 15th March 11am, Peacehaven, *Int: People of the Parish*

Midweek:

- Wed 18th March 10am, Peacehaven, *Int: Eileen Russell RIP*
- Thurs 19th March 10am, Seaford, *Int: Gillian Cribb RIP*
- Fri 20th March 7pm, Seaford, **Stations of the Cross**

Fifth Sunday in Lent – pg 177 in the CTS new Sunday Missal

- Sat 21st March 6pm, Peacehaven, *Int: William Mangan RIP*
- Sun 22nd March 11am, Seaford, *Int: People of the Parish*

Confession is available 30 minutes before Holy Mass.

We pray the Rosary 30 minutes before each Mass.

Morning Prayer:

- Seaford | Mon – Fri 8.30am, Sat & Sun 9am. Peacehaven | Tues 9am.

Evening Prayer:

- Seaford | Mon – Fri 6:30pm. Peacehaven | Mon 6.30pm, Tue & Wed 6pm

Adoration: Seaford | Tue 10am. Peacehaven | Mon 6pm, Thurs 6pm, Fri 10am

Rosary: Seaford | Sat 9.15am Peacehaven | Fri 9.30am

Benediction: Seaford | Sunday 6pm

Mass Intention envelopes are in the porch

Last week's offertory | Peacehaven: £ 254.64

Seaford: £408.18

This week 2nd Collection for Easter Flowers

Prayer for Our Mothers – Mothering Sunday (Laetare Sunday)

Heavenly Father, on this day of rejoicing we thank you for **our mothers**, living and dead, for their love, their sacrifices, and the gift of life they have given us.

Bless those who are with us with your peace and grace, and grant eternal rest to those who have gone before us.

Through the intercession of **Mary, the Mother of Jesus**, may our mothers know how deeply they are loved. Amen.

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