

# The Catholic Church in Seaford, Newhaven & Peacehaven | Sunday 29<sup>th</sup> March 2026



**Welcome to Palm Sunday.** Today we enter Holy Week and in Mass today, in this one liturgy, we are carried through a striking contrast. We begin with joy, welcoming Jesus with palms, celebrating his arrival. Then we hear his cry from the Cross in the Psalm: "My God, my God, why have you forsaken me?" And finally, we stand before the solemn reading of the Passion. From welcome to crucifixion.

The question is simple: will we stay?

Will we walk with Jesus through these days, through the Last Supper, the Cross, the silence of Holy Saturday, until we reach the joy of the Resurrection? This week is not something to watch from a distance. It is a journey to make.

## **Holy Week and Triduum Times.**

- 28 March, Palm Sunday 6pm, Seaford
- 29 March, Palm Sunday 11am, Peacehaven
- 02 April, Maundy Thursday 8pm, Peacehaven with Vigil until Midnight
- 03 April, Good Friday 3pm, Peacehaven
- 04 April, Easter Vigil Mass 8pm, Peacehaven
- 05 April, Easter Sunday 9am Peacehaven, 11am Seaford

The Triduum is considered a single, continuous liturgy, emphasizing the unity of Christ's Paschal Mystery. It begins on

Maundy Thursday evening with the Mass of the Lord's Supper, continues with Good Friday's Liturgy of the Lord's Passions, and culminates with the Easter Vigil on Holy Saturday evening.

## **Easter Collection and Envelopes.**

As we celebrate the joy of Easter, please consider giving generously to the Parish Easter Collection. This is an important source of income for the parish, supporting Deacon Stephen and helping to provide for visiting priests.

If you are unable to attend over the Easter celebrations, special envelopes are available at the back of the church. Thank you for your generosity and support.

## **Stay prayed up with Stations of the**

**Cross.** Today, after Sunday Mass in Peacehaven, the Stations of the Cross will be prayed. This is a special time for the whole parish family, of all ages, to come together and walk with Jesus through his Passion.

Please do stay and join us. If you would like to read or help lead, simply come forward and speak to Mary Anne or Claire.

## **Blessing of Easter Food (Święconka).**

Saturday 4th April, 12 noon, Seaford.

**Pastor** | Deacon Stephen Sharpe | [stephen.sharpe@abdiocese.org.uk](mailto:stephen.sharpe@abdiocese.org.uk) | 07545264492  
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## Liturgy Schedule for the coming week:

### Holy Mass and Prayer time this week:

#### ***Palm Sunday – pg. 234 in the CTS new Sunday Missal***

- Sat 28<sup>th</sup> March, 6pm, Seaford, *Int: People of the Parish*
- Sun 29<sup>th</sup> March, 11am, Peacehaven, *Int: O’Shea and O’Keeffe Family RIP*

#### ***Midweek:***

- Wed 1<sup>st</sup> April, 10am, Peacehaven, *Int: Michael Mealy RIP*
- Thurs 2<sup>nd</sup> April, 7pm, Maundy Thursday, Mass of the Lords Supper, Peacehaven.
- Fri 3<sup>rd</sup> April, 12noon Family Stations of the Cross, Seaford
- Fri 3<sup>rd</sup> April, 3pm, Good Friday, Solemn Liturgy of the Lords Passion, Peacehaven
- Fri 3<sup>rd</sup> April, 7pm, Stations of the Cross, Seaford

#### **Holy Saturday - Pg 319 in the CTS new Sunday Missal**

- Sat 4<sup>th</sup> April, 12noon, Świąconka, Seaford
- Sat 4<sup>th</sup> April, 8pm Easter Vigil, Peacehaven, *Int: People of the Parish*

#### **Easter Sunday – Pg 364 in the CTS new Sunday Missal**

- Sun 5<sup>th</sup> April, 9am, Peacehaven, *Int: People of the Parish*
- Sun 5<sup>th</sup> April, 11am, Seaford, *Int: People of the Parish*

**Confession is available 30 minutes before Holy Mass.**

**We pray the Rosary 30 minutes before each Mass.**

#### **Morning Prayer:**

- Seaford | Mon – Fri 8.30am, Sat & Sun 9am. Peacehaven | Tues 9am.

#### **Evening Prayer:**

- Seaford | Mon – Fri 6:30pm. Peacehaven | Mon 6.30pm, Tue & Wed 6pm

**Benediction:** Seaford | Sunday 6pm (not on Easter Day)

**Mass Intention envelopes are in the porch**

**Offertory:** Peacehaven £252.37, Seaford £422.14

## **Blessing of Easter Food (Świąconka), Saturday 4th April, 12 noon, Seaford.**

You are warmly invited to bring your Easter baskets to be blessed in this beautiful Polish tradition. Baskets typically include eggs (new life), bread (Christ, the Bread of Life), meat (celebration and abundance), and salt (preservation and trust in God). Together, they are a sign of the joy and hope of the Resurrection.

All welcome. Do come and be part of this moment of prayer as we prepare for Easter.

**Safeguarding Reps:** Julie O’Sullivan, 07735955821. Lyndsey Gravenor, 07483201055

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