

The Catholic Church in Seaford, Newhaven & Peacehaven | Sunday 12th July 2026

Welcome to our parish as we celebrate the Fifteenth Sunday in Ordinary Time. Whether you are a regular parishioner, visiting family and friends, or joining us for the first time, we are delighted that you are here. In today's Gospel, Jesus tells the Parable of the Sower, reminding us that God's word is generously sown in every heart. As we gather to listen to his Word and celebrate the Eucharist, may we be open to receiving the seed of God's love, allowing it to take root and bear fruit in our lives. We wish you every blessing and hope you enjoy the fellowship of our parish community.

Fiat 90: Women interested in taking part are invited to meet after the Tuesday Pilgrim Mass on 14th July to learn more about this Catholic programme of prayer and fellowship, inspired by Mary's *fiat*—her wholehearted "yes" to God's will. If you are considering taking part or would simply like to find out more, please do come along.

Pilgrims Mass: From Tuesday **14th July**, we will begin a new Pilgrims Mass at 7.30pm in Seaford. This Mass will have a slightly different feel and is especially aimed at those taking part in **Exodus 90** and **Fiat 90**.

The Mass will take place in the current Pietà Chapel, with everyone seated on the benches at the sides creating a more prayerful and communal setting. Following Mass, we will share a meal together in the hall. All are welcome to come and be part of this new opportunity for prayer, fellowship and growing together in faith.

A Quiet Time... As we move into the summer holidays, parish life naturally becomes a little quieter. Deacon Stephen will also be taking a well-earned holiday, and we wish him a restful break.

Although some of our regular activities pause for the summer, there is plenty happening behind the scenes as we plan and prepare for a busy September. Please be assured that the parish remains very much open and active, and we are here if you need us, don't hesitate to contact us.

Lourdes Pilgrimage: The Diocesan annual pilgrimage to Lourdes takes place towards the end of July. Please keep all the pilgrims in your prayers as they journey to this special place of prayer and healing. If you have any prayer intentions you would like offered in Lourdes, please send them to the office and we will ensure they are taken with the pilgrims.



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Hemming Our Day with Prayer

The Church invites us each day to pray the Divine Office, also known as the Liturgy of the Hours. At its heart are Morning Prayer (Lauds) and Evening Prayer (Vespers), the two "hinges" on which the day's prayer turns. Charles Spurgeon said, *"If your day is hemmed in with prayer, it is less likely to come unravelled."* Beginning and ending the day with God helps us keep Christ at the centre of our lives. The Divine Office is the public prayer of the Church. It is intended to be common prayer, prayed together as the People of God. Our shared prayer strengthens our faith, encourages one another, and reminds us that we journey to God not as individuals, but as members of the Body of Christ. The Liturgy of the Hours flows from and leads us back to the Eucharist. As the Mass is the source and summit of the Church's life, Morning and Evening Prayer help us prepare for the Eucharist and carry its grace into our daily lives. Why not make Morning or Evening Prayer part of your routine? By praying together as a parish community, we allow our days to be truly "hemmed with prayer", keeping our hearts fixed on Christ from dawn until dusk.

Holy Mass & Prayer in the Parish

Holy Mass and Intentions			
Day & Date	Time	Church	Intention
15 th Sunday in Ordinary time (CTS Missal p741)			
Sunday 12 July	9am	Peacehaven	Patricia Leach RIP
Sunday 12 July	11am	Seaford	People of the Parish
Tuesday 14 July	7.30pm	Seaford	Pilgrims Mass
Wednesday 15 July	10am	Peacehaven	Samantha Gregory RIP
Thursday 16 July	10am	Seaford	Michael Green RIP
Confession and Rosary 30min before every Holy Mass			
Prayer & Devotions			
Devotion:	Times:		
Lauds	Seaford: Monday – Friday 8.30am, Sat & Sun 9am Peacehaven: Tuesday 9am		
Vespers	Seaford: Monday – Thursday 6.30pm Peacehaven: Mon 5.30pm, Tue & Wed 6pm		
Adoration	Seaford: Tuesday 9.45am Peacehaven: Thursday 6pm; Friday 10am		
Benediction	Seaford: Friday 6pm		
Tea & Coffee is served in the hall after all Masses. Everyone is warmly welcome.			

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